

Topic: Growing Spiritually

Text: Hebrews 5:11-14

Aim: To remind brethren of the path to spiritual growth and the importance of growing in Christ.

Introduction: Growing spiritually is the journey of advancing in faith and attaining christian maturity. After accepting Jesus as our Lord and Saviour, we need to develop like newborn babies, until we grow to maturity. We need to grow lest we go back to the world. In this study, we will discuss what growing spiritually entails, what is expected of the believer to grow spiritually, and the hinderances to spiritual growth.

Discussion Questions:

1. From the following passages, what does growing spiritually mean and what are the implications? Gal.4:1-3; Eph 4: 13; Heb.5: 12-14; Rom 6: 6,12-14.
2. Mention and discuss the things expected of us to grow spiritually.? (a) personal relationship with Jesus; (b) Walk in the spirit; (c) prayer; (d) The word; (e) Fasting; (f) commitment; (g) Evangelism.
3. How true is the statement that "once you believe in Jesus, that is all that is required"? Consider these passages: Heb. 5:13-14; Phil. 2:12; 1Pet. 2:2.
4. What are the hindrances to spiritual growth? Discuss! Sin, distraction, pride, Busyness, lack of commitment, Negative mindset, Fear, Ignorance, Depending on others.

Conclusion: Growing spiritually makes us actively pursue a deeper relationship with God. We are expected to pray, study the word, walk in the spirit and evangelize for us to grow spiritually. However, our lack of seriousness in spiritual activities can become a hinderance to others to grow spiritually. Not growing spiritually can lead to stagnation, susceptibility to deception and hindered relationship with God.

Memory Verse: 1 Pet. 2:2 " As newborn babes, desire the sincere milk of the word, that ye may grow thereby."